

**Registration Form  
HTI Healing Touch Level 1**

**Oklahoma City, OK  
Integris Baptist Medical Center  
September 26-27, 2009  
9:00 am – 6:00 pm**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

- Investments received by September 11
- Course Investment – \$275
  - HTI, AHNA, ONA/OSNA member – \$250
  - Student – \$200 (with student ID)
  - Repeat – \$125
- After September 11, add \$25 to above
- Recommended Text -- \$30

Amount enclosed \$ \_\_\_\_\_  
(minimum deposit \$50)

Refund Policy: If the Instructor cancels the class student will be given a full refund of tuition. If student cancels, minimum deposit is nonrefundable.

- Yes, I can bring a massage table
- No, I can't bring a massage table

Make Checks Payable to: HTO  
(Healing Touch Oklahoma)

Send to: Healing Touch Oklahoma  
13106 La Cresta Dr  
Piedmont, OK 73078

Healing Touch Oklahoma  
13106 La Cresta Drive  
Piedmont, OK 73078



**HTI  
HEALING TOUCH  
CERTIFICATE PROGRAM™**

*for Health Care Professionals  
and Others Committed to Healing*

**Level 1**

**Oklahoma City, OK  
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**Certification by  
Healing Touch International, Inc.**

Healing Touch International, Inc. is the non-profit professional membership and educational organization for Healing Touch. It was established in March 1996, to receive the AHNA Healing Touch Certificate Program and the process for Healing Touch Certification of Practitioners (CHTP) and Instructors (CHTI) from the American Holistic Nurses Association.

**Endorsed by  
The American Holistic Nurses Association**

The American Holistic Nurses Association is a nonprofit membership organization dedicated to the principles and practice of holistic nursing defined as "the renewing and enhancing of the art of nursing and caring for the whole person"



## HTI Healing Touch Certificate Program™

The HTI Healing Touch Certificate Program™ is a multi-level course of study in energy-based therapy that moves from beginning to advanced practitioner and is complementary to health care. The program incorporates a variety of energy-based modalities that are sequenced in Levels 1 through 5, allowing participants to progress from beginner to practitioner. Students receive a certificate of completion at each level. Upon completion of levels 1-5 and additional requirements, students are eligible to apply for certification through Healing Touch International, Inc. Instructor Training prepares the individual to become an instructor.

Each level in The HTI Healing Touch Certificate Program™ includes both didactic and experiential learning in which participants practice and share experiences using energy-based healing techniques. In addition the program encourages the developing practitioner to enhance skills and knowledge through recommended readings and practice sessions. There is also a strong commitment to personal growth and knowledge of holistic health principles.

### Target Audience

The HTI Healing Touch Certificate Program™ is a nursing continuing education program for registered nurses, health care professionals, body-oriented therapists, psychotherapists or other licensed health care professionals and individuals who desire an in-depth understanding of healing work that uses energy-based concepts.

Certification as a Healing Touch Practitioner is an appropriate goal for those who wish to establish a HT practice or incorporate Healing Touch as a major focus within an existing professional practice.

### Level 1 Description

Level 1 begins with 18 continuing education contact hours of instruction, allowing persons with varying backgrounds to enter, acknowledge their previous learning and to further develop concepts and skills in energy-based therapy. A strong commitment to personal growth is required.

### Level 1 Objectives

The participant will:

1. Describe the human energy system relationship to physical, emotional, mental and spiritual health.
2. Discuss energy principles basic to Healing Touch.
3. Assess the energy field and energy centers.
4. Identify a basic Healing Touch sequence.
5. Demonstrate specific intervention techniques used in Healing Touch.
6. Discuss applications of Healing Touch in personal and professional practice.
7. Discuss expected ethical conduct and standards of practice within Healing Touch.

### Level 1 Course Content

1. Energy system concepts related to health
2. Basics of the energy system – energy field and energy centers
3. Location and function of the chakras
4. Assessment of the energy field and energy centers
5. Meditation for centering and maintaining energetic flow
6. Principles and practice of Healing Touch
7. Selected intervention techniques: Basic Healing Touch Sequence, Magnetic Passes, Magnetic Clearing, Chakra Connection (1 on 1, 2 on 1, self), Headache Techniques (tension, migraine, sinus), Ultra Sound, Laser, Chakra Spread, Scudder (Optional), Mind Clearing (Optional)
8. Principles of self-healing
9. Personal development as a healer
10. Legal and professional aspects of touch therapies

### Workshop Information

**AHNA: 18 contact hours**

**NCBTMB: 18 contact hours**

**CA Board Registered Nursing: 18 contact hours**

### Instructor

#### Raine Benham, RN, CHTP, HTI

Raine Benham is a holistic nurse and has worked within the healthcare system for over twenty years. Her background includes intensive care, and psychiatric nursing, as well as working with and counseling battered women. She is a Certified Healing Touch Practitioner with a full time private practice where she offers Healing Touch sessions and other holistic/complementary care modalities. She has been a networker for the American Holistic Nurses Association for the Oklahoma City area since 1997. She is co-owner and founder of Integrative Healing Arts and Healing Touch Oklahoma, LLC.

**Disclosure:** Raine Benham is an instructor of the HTI Healing Touch Certificate Program™ and has the right to use the intellectual property of the HTI Healing Touch Certificate Program™ Course of Study.

This course is an approved course of study of the HTI Healing Touch Certificate Program™. The HTI Healing Touch Certificate Program™ is an endorsed program of the American Holistic Nurses Association.

### Healing Touch International, Inc.

445 Union Blvd. Suite 105 Lakewood, CO 80228

Ph: (303) 989-7982 Fax: (303) 980-8683

e-mail [Support@HealingTouchInternational.org](mailto:Support@HealingTouchInternational.org)

website [www.HealingTouchInternational.org](http://www.HealingTouchInternational.org)

### Continuing Education Contact Hours



This continuing nursing education activity was approved by the American Holistic Nurses

Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



HTI is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.

Provider approved by the California Board of Registered Nursing, Provider Number CEP15275 for 18 contact hours.

### Oklahoma classes are sponsored by the Oklahoma Nurses Association and the Oklahoma Student Nurses Association.

The ONA and OSNA allow you the opportunity to join nursing colleagues in bringing better nursing care and education to the people of Oklahoma and the nation. The ONA works to refine nursing services for the public, advance the profession of nursing, provide peer support, and improve working conditions for nurses. For membership information call (405) 840-3476 or 1-800-580-3476 or visit the website at [www.oknurse.com](http://www.oknurse.com)

*For further information contact or visit:*

### Healing Touch Oklahoma

<http://healingtouchok.com>

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[heartsmith@sbcglobal.net](mailto:heartsmith@sbcglobal.net)